



TEN BROECK ACADEMY & FRANKLINVILLE CENTRAL SCHOOL

32 NORTH MAIN STREET " FRANKLINVILLE, NEW YORK 14737
OFFICE TELEPHONE: (716) 676-8020 ♦ OFFICE FAX: (716) 676-2797

ELEMENTARY PRINCIPAL – THOMAS RIDDOCH

May 21, 2021

Hello 5th Grade Families,

I am excited to share that I will be running a mini afterschool program called “Healthy Habits with Mrs. Layton” for the next 4 Wednesdays. This will run from 3:30-4:30 pm, May 26th, June 2nd, June 9th, and June 16th. I would like to extend invitations out to all current 5th grade students to participate. Students staying afterschool for these sessions will need to be picked up at 4:30 or be given permission to walk home.

During “Healthy Habits with Mrs. Layton” sessions, I will be touching on the following topics: Mindfulness and Self-Awareness, Managing Emotions with Positive Coping Skills, Organization & Planning, and Study Skills. While this will be structured time, the information will be presented in a fun and interactive way.

Having some bonus exposure to these skills will be beneficial as students transition into Middle School. Additionally, the Middle/High School has a great Homework Helper Program available for their students, beginning in 6th grade. If the “Healthy Habits with Mrs. Layton” sessions are of high interest and have a good response, I hope to expand it to run through the full school year, for next year’s 4th and 5th graders.

If your child is interested in participating, please fill out the permission slip attached, and return it to the main office by Monday May 24th.

Thanks So Much!

Mrs. Jennifer Layton

Elementary School Counselor

The following Wednesday’s from 3:30-4:30 in the Elementary LGI Room

May 26th

June 2nd

June 9th

June 16th



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HEALTHY HABITS WITH MRS. LAYTON

My child, _____, is interested in participating in the
“Healthy Habits” afterschool sessions with Mrs. Layton on May 26th, June 2nd,
June 9th and June 16th. I, _____, give permission for my
child to stay after school from 3:30-4:30 on the above dates.

- My child will be picked up from school at 4:30
- has my permission to walk home independently

Parent/Guardian Signature:

Date:
