



Do you know a child who has:

- Trouble following directions?
- Challenging behavior?
- Difficulty managing emotions?

Summit can help!



TRIPLE P (POSITIVE PARENTING PROGRAM)

Directed by Dr. Rachael Smith and Dr. Laura Skotarczak

This **nine-week session** program is designed for parents of children, **ages 3-12** with behavioral and emotional challenges related to ADHD, opposition, defiance, and mood regulation.

**415 North French Road
Amherst, NY 14228**

Begins Monday April 18, 2016

6:30 – 8:00 pm

Other sessions are April 25, May 2, 9, 16, and June 13.

Program Description: Triple P is a behavior management program for parents, designed to help kids develop social competency, problem-solving, independence, and emotional regulation. Parents will attend six group sessions each Monday evening, focused on strategies proven to be effective in managing challenging behavior in children. **There will be three weeks where group will not meet. During these weeks, parents will instead receive three 30-minute individual sessions (between May 23 – June 10) with one of the group leaders to customize the program to each family's needs.**

Program Cost: Reimbursable through insurance (co-pay may apply). Private pay rates also available.

To register or for more information, please call 716-629-3400

Also visit www.thesummitcenter.org

